



## **Innovations in Counseling (Part 13 Session 1)**

### **Moving Beyond the Fifth Force of Counseling: Decolonization, Equity, Healing, and Wellness**

Webinar Follow-up Question and Answer Session with Ebony E. White, PhD, NCC, ACS, LPC; Alfonso L. Ferguson, PhD, NCC, ACS, LPC, LMHC; Sailume Walo-Roberts, PhD, LPC

#### **Question from E. Jobbik:**

Do you have any literature recommendations to further educate myself on this topic?

#### **Answer from Presenter:**

Frantz Fanon's books *The Wretched of the Earth* and *Black Skin and White Masks*, and works by Paulo Freire as well.

#### **Question from T. Billingsley:**

What advice do you have to help master's students address racism in their counseling program?

#### **Answer from Presenter:**

Document, document, document, and partner with your peers. There is power in numbers. Students have financial power that they rarely lean into. So if enough folks make noise with documented proof, then change tends to follow. Be mindful of the costs of this work as a student and the amount of power you may or may not hold.

#### **Question from A. Vosburg:**

How would you encourage clients who are resistant to change to accept any model that may promote their progress and success?

#### **Answer from Presenter:**

I'd say let the client lead. Don't force anything on a client.