

Professional Practice Building

Session 8—Managing the Risk of High-Risk Clients in Private Practice

CE Hours: 0

Introduction

The NBCC Foundation and National Board for Certified Counselors invite you to a no cost Webinar on Professional Practice Building. This series of webinars is designed to be useful for both new counselors and seasoned counselors wishing to expand their areas of practice, and aims to help counselors develop the business skills necessary to build a successful professional profile. This webinar series is offered at no cost to all board certified counselors (NCCs), as well as NBCC Foundation Scholars and Fellows and Global Career Development Facilitators (GCDFs) in good standing.

Clients may have a difficult time identifying signs and symptoms of high-risk behaviors. Often when a client presents for therapeutic sessions one time a week or twice a month, it may be challenging for the therapist to assist them with connecting the effects of high-risk behavior patterns to their everyday life. A client's perception may be that high-risk behaviors, such as impulsivity, damaging interpersonal relationships, and physical self-harm, are an appropriate way to manage their thoughts and feelings; however, those behaviors are really a cry for help when emotions become intolerable.

After this webinar, participants will be able to:

- Discuss high-risk behaviors with a client and assess for potential types of risk.
- Recognize the impact of social media and technology as it relates to interaction with clients.
- Summarize high-risk prevention with special populations and the mental health diagnoses that have the highest risk for self-harm and suicide.
- Identify multiple therapeutic approaches for suicidal clients presenting with high-risk behaviors, including interpersonal therapy, crisis management, cognitive-behavioral therapy, and dialectical behavioral therapy.

Click here to view webinar: [Managing the Risk of High-Risk Clients in Private Practice](#), presented by Camille D. Grier.