

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Nathalie Solius Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates



Stamford, CT—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Nathalie Solius of Stamford, Connecticut, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y Fellow, Solius will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).

The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Solius and the 29 other master’s-level counseling students selected to receive the fellowship award. Solius is a graduate of Pace University, in Pleasantville, New York, and is currently pursuing a master’s in the clinical mental health counseling program at Fairfield University, in Connecticut. Upon graduation, Solius intends to continue providing mental health services to transition-aged minority youths in her community. She would like to provide them with more awareness, better access to care, and psychoeducation, in hopes of lessening the taboo surrounding mental health care in the immigrant and minority communities of which she is a part. Earning this fellowship will allow Solius to complete her graduate education and provide her with more access to like-minded professionals from whom she can gain and share knowledge to bring back into her own community.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 34 master’s-level fellowships of up to \$11,000 through the [MFP-Addictions Counselors](#) (MFP-AC). The Foundation plans to open the next NBCC MFP-Y application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation’s mission is to leverage the power of counseling by strategically focusing resources for positive change.

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