

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Daphne C. Wiggins Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Durham, NC—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Daphne C. Wiggins, of Durham, North Carolina, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Wiggins will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Wiggins and the 33 other master's-level addictions counseling students selected to receive the fellowship award. Wiggins is a graduate of Eastern University, in St. Davids, Pennsylvania, Eastern Baptist Theological Seminary in St. Davids, Pennsylvania, and Emory University, in Atlanta, Georgia. Wiggins is currently a master's student in the clinical mental health counseling program at North Carolina Central University, in Durham. Upon graduation, Wiggins intends to work with young adults who have limited access to mental health services. She has a particular interest in working with people of color, females/single mothers, and persons with limited economic resources. Earning this fellowship will allow Wiggins to stay current with the most effective evidence-based practices, acquire competency in trauma-focused interventions, establish her professional identity as a mental health counselor, take advantage of relevant conferences, and increase her competency as an advocate for substance abuse/mental health services.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 30 \$8,000 master's-level fellowships through the [MFP-Youth](#) (MFP-Y). The Foundation plans to open the next NBCC MFP-AC application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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