

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Whitney Tashae' Alston-Brown Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Warrenton, NC—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Whitney Tashae' Alston-Brown of Warrenton, North Carolina, for the NBCC Minority Fellowship Program Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Alston-Brown will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to Alston-Brown and the other 29 master's-level counseling students selected to receive the fellowship award. Alston-Brown is both a student and graduate of North Carolina Central University, in Durham, where she is currently pursuing a master's degree in the clinical mental health counseling program. After graduating, Alston-Brown plans to work with the underserved population, specifically African-American youth (inspired by her nonprofit, Discovering Your Destiny). She would also like to work with the incarcerated population and find alternative routes for them to transition successfully back into their communities. Receiving this fellowship will give Alston-Brown the opportunity to conduct research, attend professional conferences that will further her ability to provide effective services, and advocate for those who are not able to advocate for themselves.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master's-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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