

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### **Shoshanah Baht Yehudah Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates**



Homewood, IL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Shoshanah Baht Yehudah, of Homewood, Illinois, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP Fellow, Yehudah will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Yehudah and the other 19 doctoral counseling students selected to receive the fellowship award. Yehudah is a graduate of Chicago State University, in Illinois, and of Northwestern University, in Evanston, Illinois, and is currently a doctoral student in the counselor education and supervision program at Governors State University, in University Park, Illinois. Yehudah is interested in researching racial disparities in mental health among African-American women. She is particularly interested in racial disparities in birth outcomes for this population and the role of mental health counseling in decreasing psychosocial barriers to improve health for African-American females. Yehudah plans to also teach master's-level counselor education courses. Yehudah currently works for a federally qualified health center where she provides integrated behavioral health services for underserved minority communities. This fellowship will help Yehudah dedicate more time to research and professional development in order to provide culturally competent services to underserved minority populations as well as help increase her involvement in professional organizations.

The NBCC Foundation has also awarded 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M) and 40 [master's-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MFP application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org/Programs/Fellows](http://www.nbccf.org/Programs/Fellows).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The

Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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