

PRESS RELEASE  
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## Pippa S. Thomas Receives Rural Scholarship From the NBCC Foundation



Moab, UT—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded an \$8,000 2019 NBCC Foundation rural scholarship to Pippa S. Thomas, of Moab, Utah. The rural scholarship is awarded to counseling students who are from rural communities and commit to practicing in rural areas upon graduation.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The Foundation created the rural scholarship in 2009 to improve access to counseling services in rural communities, which suffer disproportionately from a lack of mental health care. More than 50 students from across the country applied for the five 2019 rural scholarships.

As a rural scholarship recipient, Thomas will receive \$8,000 to support her counseling education and recognize her commitment to the underserved. Thomas is a graduate of Fort Lewis College in Durango, Colorado, and is currently a master's student in the clinical mental health counseling program at Capella University in Minneapolis, Minnesota. Upon graduation, Thomas intends to continue working with the adult population of Grand County, helping those who struggle with unresolved trauma, depression, and anxiety. "There's so much hope right now, with the knowledge and insights that neuroscience is giving us. I want to continue my education and training in these areas to add to the knowledge base here in Grand County and expand the treatment options available in our community," says Thomas. This scholarship will enable her to develop expertise in neurobiology-informed treatments that are shown to be highly effective across diverse populations.

The NBCC Foundation has also awarded five \$8,000 [military scholarships](#) to increase the number of counselors serving fellow military personnel, veterans, and their families. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in spring 2020. For more information or to make a gift in support of scholars like these, please visit [nbccf.org](http://nbccf.org).

### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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