

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Jennie Ho Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Houston, TX—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Jennie Ho of Houston, Texas, for the NBCC Minority Fellowship Program Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Ho will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally

competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to Ho and the other 29 master's-level counseling students selected to receive the fellowship award. Ho is a graduate of the University of Houston, in Texas, and is currently a master's student in the clinical mental health counseling program at The University of Texas at San Antonio. Upon graduation, Ho plans to become a licensed professional counselor and is committed to working with immigrant families, especially Asian-American populations. She also likes to work with children with mental disorders and their families. She is motivated to become a counselor who is attentive to clients' cultural backgrounds and to practice culturally appropriate psychological interventions to result in better stress coping skills and improvements in psychological health conditions for those with different cultural and demographic backgrounds. Earning this fellowship will allow Ho to meet people who are also committed to promoting the mental health wellness of underserved minorities, and she will be able to attend training that helps to boost her awareness in worldviews, values, and beliefs of immigrant populations. Furthermore, this fellowship will enable her to attend conferences that provide precious opportunities to build her skills and knowledge in becoming a competent counselor to better serve underserved populations and advocate for the counseling profession.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master's-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are

more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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