

PRESS RELEASE

NBCC Foundation
3 Terrace Way
Greensboro, NC 27403-3660
Phone: 336-232-0376
www.nbccf.org



FOR IMMEDIATE RELEASE

August 9, 2019

Jasmine McGhee Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Eads, TN—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Jasmine McGhee of Eads, Tennessee, for the NBCC Minority Fellowship Program Mental Health Counseling-Master’s (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, McGhee will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally

competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to McGhee and the other 29 master’s-level counseling students selected to receive the fellowship award. McGhee is a graduate of The University of Memphis, in Tennessee, and is currently a master’s student in the clinical mental health counseling program at Vanderbilt University, in Nashville, Tennessee. Upon graduation, McGhee intends to work in a primary care or hospital setting providing mental health services to adults, particularly those in emerging adulthood. Additionally, she desires to work with underserved minority communities where access to mental health care resources is typically lacking. She believes that providing these services through an integrated approach in health care will close an inherent gap in care and reduce barriers to accessing mental health services. Her interests are related to advancing research on resilience, integrated health care, and help-seeking behaviors among these groups in an effort to increase health outcomes and foster total mind, body, and spiritual wellness. Earning this fellowship will allow McGhee to attend additional trainings and conferences for professional development and learn ways to expand community engagement for underserved populations surrounding mental health, increase competencies in evidence-based practices for treatment interventions, and further research advancements in strategic program implementation to support these endeavors.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master’s-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are

more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###