



## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### NBCC Foundation Awards 2019 Scholarship to Dr. Helen Runyan



Virginia Beach, VA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded one of the 2019 NBCC Foundation [Approved Clinical Supervisor](#) (ACS) training awards to Dr. Helen Runyan, of Virginia Beach, Virginia. The goal of this scholarship program is to increase the number of available Approved Clinical Supervisors. Dr. Runyan will receive \$500 to support her attainment of the ACS credential.

Dr. Runyan has been a counselor educator at Regent University for the past seven years, the last five as an assistant professor. She has taught over two dozen courses, both online and on-campus. She has trained and mentored master's-level counseling students for nine years, as well as supervised them during clinical mental health experiences. Dr. Runyan earned her doctorate in counselor education and supervision from Old Dominion University in Norfolk, Virginia. Her dissertation examined classroom management for school counselors and focused on how practicing school counselors might best manage classrooms while delivering the classroom curriculum. An article based on her dissertation was selected to be published in the premier journal for school counseling, *Professional School Counseling*.

She has researched dissertation completion, cultural competence, and phenomenology, producing two peer-reviewed journal articles and five book chapters. She has also presented at 10 national, 10 state, and eight regional conferences. She was the 2016–17 president of the Virginia Counselors Association and former co-president of the Virginia Association of Multicultural Counseling and Development. She is passionate about advocating for people who are oppressed by those with majority status. Dr. Runyan is a professional school counselor; a board certified counselor; licensed professional counselor; and a registered, approved supervisor in Virginia. She has earned specialist ratings in School Counseling Leadership, Cultural Competency, and Mental Health from the American School Counselor Association. The ACS award will provide Dr. Runyan the opportunity to increase her competence and legitimacy as a supervisor.

For more information about NBCC Foundation scholarship opportunities as well as CCE-sponsored scholarships, visit [nbccf.org](http://nbccf.org). More information about the ACS and other CCE credentials is available at [cce-global.org](http://cce-global.org).

### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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