

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Haley Tursi Jones Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Portland, OR—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Haley Tursi Jones of Portland, Oregon, for the NBCC Minority Fellowship Program Mental Health Counseling-Master’s (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Jones will receive funding and training to support their education and facilitate their service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally

competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to Jones and the other 29 master’s-level counseling students selected to receive the fellowship award. Jones is a graduate of Mount Hood Community College, in Gresham, Oregon, and is both a student and graduate of Portland State University, in Oregon, where they are currently pursuing a master’s degree in the clinical mental health counseling program. Jones is a counselor-in-training and Certified Body Trust Provider in Portland, Oregon, and holds additional training in working with individuals affected by disordered eating, eating disorders, chronic dieting, body shame, and exercise addiction. Jones’ goals include obtaining their PhD and working to bring conversations on body oppression, body terrorism, weight stigma, and fatphobia into higher education. Jones grounds their work in an anti-colonial, anti-racist, and anti-capitalist framework. Jones will begin their internship at Be Nourished in Portland, Oregon, where they will work with individuals holding oppressed identities with a focus on healing their relationship to their body, food, and movement. Utilizing fellowship funds, they plan to obtain additional training in EMDR, trauma-informed care, and narrative therapy techniques. Jones intends to serve individuals who are often overlooked in terms of eating disorder and disordered eating treatment, including queer people of color. Jones also plans to begin research on the impacts of body terrorism and diet culture trauma.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master’s-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are

more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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