

PRESS RELEASE
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FOR IMMEDIATE RELEASE
February 19, 2020

Deborah A. Rackham Receives Military Scholarship From the NBCC Foundation



Woodbridge, VA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded an \$8,000 2019 NBCC Foundation military scholarship to Deborah A. Rackham, of Woodbridge, Virginia. The military scholarship is awarded to service members, veterans, and their spouses who are pursuing a counseling education and commit to serving fellow military personnel, veterans, and families upon graduation.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The military scholarship was created in 2009 to increase access to counselors for military personnel, veterans, and families suffering from a shortage of available mental health professionals. More than 50 students from across the country applied for the five 2019 military

scholarships.

As a military scholarship recipient, Rackham will receive \$8,000 to support her counseling education and recognize her commitment to the underserved. Rackham is a graduate of Liberty University in Lynchburg, Virginia, and is currently a master's student in the clinical mental health counseling program at Marymount University in Arlington, Virginia. Upon graduation, Rackham intends to work with individuals who have experienced trauma, including those within the military community. She will continue to research and apply proven methods for reaching veterans, active-duty service members, and reservists to address and lower the rates of post-traumatic stress disorder and suicide within this particular community. Earning this scholarship will enable her to develop her professional identity as a clinical mental health counselor with a focus on trauma and recovery for military members and their families.

The NBCC Foundation has also awarded five \$8,000 [rural scholarships](#) to increase the number of counselors serving rural areas. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in spring 2020. For more information or to make a gift to support scholars like these, please visit nbccf.org.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50

countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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