

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Catie Lynn Hardman Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Vancouver, WA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Catie Lynn Hardman of Vancouver, Washington, for the NBCC Minority Fellowship Program Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Hardman will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally

competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to Hardman and the other 29 master's-level counseling students selected to receive the fellowship award. Hardman is a graduate of Warner Pacific College, in Portland, Oregon, and is currently a master's student in the marriage, couple, and family counseling program at George Fox University, in Portland, Oregon. Upon graduation, Hardman intends to spend several years working for a community mental health organization with youth and families of all ages who have been impacted by trauma. Her longer-term dream consists of opening her own private practice/nonprofit integrative mental health treatment clinic for youth and families. She is passionate about holistic health and integrative treatment focused on building upon family strengths and resiliency. Hardman is also hoping to participate in future international clinical work. She enjoys learning about other cultures and believes in the importance of utilizing multicultural and expressive treatment modalities in providing relevant services to youth and families of various identities and cultural backgrounds. She is passionate about equitable and accessible services for all and intends to make this a priority focus for her future clinical work. Earning this fellowship will allow Hardman access to advanced training and experience working with diverse and underserved populations, enhance her professional and interpersonal therapeutic skills, and assist her in building a stronger professional identity as a counselor. She believes that people are constantly becoming and that receiving this fellowship will serve as her public declaration to build a clinical practice that is inclusive, trauma-informed, and culturally aware.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master's-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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