

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Carla Sotomayor Awarded \$10,000 Counseling Fellowship From NBCC and Affiliates



Anaheim, CA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Carla Sotomayor of Anaheim, California, for the NBCC Minority Fellowship Program Mental Health Counseling-Master’s (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Sotomayor will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally

competent behavioral health professionals.

The NBCC Foundation MFP will distribute up to \$10,000 to Sotomayor and the other 29 master’s-level counseling students selected to receive the fellowship award. Sotomayor is both a student and graduate of California State University, Fullerton, where she is currently pursuing a master’s degree in the counseling, clinical mental health program. Upon graduation, Sotomayor intends to work in the mental health profession to counsel underserved minority communities, such as the Latinx population and Spanish-speaking individuals. In addition, she wants to work with minority individuals who identify as the aging LGBTQ+ population, where there is a need of mental health services, as well as teach counseling courses to older adults. Earning this fellowship will allow Sotomayor to enhance her professional identity as a counselor and advocate for and serve underserved populations in the profession of counseling.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 40 [master’s-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MHC-M application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation’s mission is to leverage the power of counseling by strategically focusing resources for positive change.

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