

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

August 9, 2019

### **Camila Angélica Pulgar Guzmán Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates**



Winston-Salem, NC—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Camila Angélica Pulgar Guzmán, of Winston-Salem, North Carolina, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP Fellow, Pulgar will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Pulgar and the other 19 doctoral counseling students selected to receive the fellowship award. Pulgar is a graduate of North Carolina Agricultural and Technical State University, in Greensboro, North Carolina, and is both a student and graduate of the University of North Carolina at Greensboro, where she is currently pursuing a doctoral degree in the counseling education and supervision program. Pulgar is currently interested in researching the relationship between spirituality and suicide in Latinas and the challenges and stigma associated in mental health-seeking behaviors in the Latinx community overall. She runs the Latinx Mental Health Project at CareNet Counseling and is a research assistant in two projects: “A Practice-Based Approach to Understanding the Role and Impact of Spiritually Integrated Psychotherapy Intervention on Client Outcomes” and “Mental Health Needs Assessment in Latinx Clients.” The fellowship will allow Pulgar to continue to advocate for more culturally sensitive mental health services for the Latinx community, expand research efforts to better understand the needs of the Latinx community, and expand her clinical knowledge and experiences with Latinx clients. This fellowship will also help her get more involved in professional groups and organizations that support and advocate for mental health services for underserved minority populations. She will also seek additional training to fine tune her clinical and research skills.

The NBCC Foundation has also awarded 30 \$10,000 [master’s-level fellowships](#) through the MFP-Mental Health Counseling-Master’s (MFP-MHC-M) and 40 [master’s-level fellowships](#) of \$15,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MFP application period in fall 2019. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org/Programs/Fellows](http://www.nbccf.org/Programs/Fellows).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to

credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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