

Christopher B. Townsend
Texas Tech University Health Sciences Center
Chris.townsend@ttuhsc.edu
806-743-1679

Education

PhD in Rehabilitation Counseling & Counselor Education:

North Carolina Agricultural and Technical State University, Greensboro, NC 2018

Dissertation Topic: A Grounded Theory Study of School Counselor's Perceptions and Effectiveness Regarding African American Boys with Disabilities, Who are Disproportionately Represented in Special Education

Masters of Arts, Community Counseling: Appalachian State University, Boone, NC 1998
Emphasis: Addictions and Multicultural Counseling

Bachelor of Science, Psychology: Appalachian State University, Boone, NC 1996
Concentration: Child Development

Professional Credentials and Certifications

Licensed Professional Counselor (#81267, TX)
Licensed Clinical Mental Health Counselor (#3723)
Licensed Clinical Addiction Specialist (#746, NC)
Advanced Alcohol and Drug Counselor (#1938R0219, TX)
Certified Clinical Supervisor (#365, NC & TX)
National Certified Counselor (#55320)
Trauma Focused-Cognitive Behavior Therapist (Since 2014)
National Board for Certified Counselor-International (NBCC-I) Master Trainer (Since 2010)
National Global Appraisal of Individual Needs Clinical Interpretation Trainer (Since 2008)
National Global Appraisal of Individual Needs Trainer (Since 2008)
Certificate in Frontiers Telemedicine (2018)

Employment History

Texas Tech University Health Sciences Center, Lubbock, Tx, Director (3/2019-Present)

- Charged with overseeing the construction/renovation of clinic
- Developed and implemented infrastructure for services
- Wrote proposal and received \$1, 000.000 to support staff salaries

Texas Tech University Health Sciences Center, Lubbock, Tx, Assistant Professor (9/2017-Present)

- Teach on-line core counseling curriculum across three counseling programs
- Serve as chair of workgroup committees to develop content for curriculum

- Advise students on academic plans

Wake Forest University, Winston Salem, NC: Adjunct Instructor
January – December 2017 (Spring-Fall Semester)

- Clinical Mental Health Counseling: On-line course for Masters Level Students
- Group Procedures Course for Undergraduates

North Carolina A&T State University, Greensboro, NC: Interim Clinical Director (10/2015-1/2016)

- Oversight of clinic operations and clinical supervision of mental health staff

North Carolina A&T State University, Center for Behavioral Health and Wellness, Greensboro, NC: Lead Clinician July 2012 – August 2017

- Supervised Master's level counseling student interns, providing counseling services to students with academic challenges in the Aggie Bounce Back Program
- Served as state approved supervisor for clinical mental health staff members
- Provided trauma-specific, mental health and substance abuse treatment for children and adults

Teaching Experience

Texas Tech University Health Sciences Center; On-line, Professor of Record (Fall 2017-Present)

- Micro Counseling Techniques
- Multicultural Counseling
- Group Counseling
- Addictions Counseling
- Neurobiology of Addiction
- Foundation of Addiction Counseling and Ethical Development
- Advanced Addiction
- Psychopathology and Diagnosis
- Practicum
- Assessment

Wake Forest University, Professor of Record (Spring/Fall 2017)

- Clinical Mental Health Counseling
- Group Procedures

North Carolina A&T State University, Teaching Assistant (Fall 2016-Spring 2017)

- Psychopathology and Addictions
- Internship
- Marriage and Family Counseling in Addictions.
- Practicum

University of North Carolina at Greensboro (Fall 2007)

- Adolescent substance abuse psychology (Co-taught with Dr. Terry Shelton, doctoral level)

Guilford Technical Community College (Spring, 2003)

- Adolescent Treatment: Prevention and Intervention

Guest Lecturer

Spring 2023: Texas Tech Health Sciences Center. Invited to speak on Diversity and Inclusion in Clinical Practice with a group of medical Students

Spring 2023: Wake Forest University: Consultation and Program Development course. Discussed consultation roles in counseling

Fall 2022: University of North Carolina at Greensboro. Cultural Diversity course. Invited to lecture on the results from a dissertation study titled A Grounded Theory Study of School Counselor's Perceptions and Effectiveness Regarding African American Boys with Disabilities, Who are Disproportionately Represented in Special Education

Spring 2022: Texas Tech University Health Sciences Center. Invited to lecture in the Social Behavioral Health Course in the Department of Public Health on Race, Ethnicity and Health during the Anti-racist Movement

Spring 2022: Texas Tech Health Sciences Center. Invited to speak on Diversity and Inclusion in Clinical Practice with a group of medical Students

Spring 2022: Texas Tech Health Sciences Center. Invited to speak at the Opening Space for Unheard Voices, hosted by TTUHSC Office of Global Health

Spring 2020: Texas Tech Health Sciences Center. Panelist for the Department of Speech, Language, & Hearing Sciences Diversity course

Fall 2018: North Carolina Agricultural and Technical State University. Invited lecture in the Multicultural course

Spring 2017: Wake Forest University in the Addictions Counseling course

Spring 2017: Wake Forest University in the Ethics in Health & Human Services course

Spring 2017: Wake Forest University. Invited to speak on consultation practices in the Consultation course

Fall 2016: North Carolina A&T State University for Counseling Poor and Ethnically Diverse Families

Spring 2015: North Carolina Agricultural and Technical State University for the Clinical Mental Health Counseling course on suicide assessment and crisis management

Fall 2014: North Carolina A&T State University on providing therapy to difficult adolescents' behaviors in the Multicultural Counseling course

Spring 2011: Winston Salem State University on Adolescent Substance Abuse in the Dynamics of Addiction course

Spring 2002: Guilford Technical Community College on Assessment of Adolescent Substance Abuse

Publications

Peer Reviewed Journals:

Scholl, M. B., & Townsend, C. B. (2023). Restorative justice: A humanistic paradigm for addressing the needs of victims, offenders, and communities. *The Journal of Humanistic Counseling*. <https://doi.org/10.1002/johc.12204>.

Kroll, T. A., & Townsend, C. (2022). The sociopsychological cost of AAE-to-SAE code-switching: A symbolic interactionist account. *Journal of Interactional Research in Communication Disorders*, 13(1), 120-144. <https://doi.org/10.1558/jircd.21167>.

Speedlin, S., Haberstroh, S., Townsend, C., Prasath, P., & McVay, K. (2022). Participatory Action Research: Strategies for Implementation in Counseling Outcome Research. *Journal of Professional Counseling, Practice, Theory, & Research*, 49(1), 21-33. <https://doi.org/10.1080/15566382.2021.1949210>.

Jimenez, R., Andersen, S., Song, H., & Townsend, C. (2021). Vicarious Trauma in Mental Health Care Providers. *Journal of Interprofessional Education & Practice*. *Journal of Interprofessional Education & Practice*, 24, 1-5. <https://doi.org/10.1016/j.xjep.2021.100451>.

Kroll, Tobias A., Honnacker, Ana, and Townsend, Christopher (2021) "Pragmatic Humanism in CSD Diversity Education: A Conceptual Framework to Engage Students Across The Political and Cultural Spectrum," *Teaching and Learning in Communication Sciences & Disorders*: Vol. 5 : Iss. 3 , Article 6. <https://doi.org/10.30707/TLCSD5.3.1649037688.72405>.

Brooks, M., Alston, G., Townsend, C., Bryan, M. (2017) "Creating a Healthy Classroom Environment in Multicultural Counseling Courses," *Journal of Human Services: Training, Research, and Practice*: Vol. 2: Iss. 1, Article 3. Available at: <http://scholarworks.sfasu.edu/cgi/siteview.cgi/jhstrp/vol2/iss1/3>

Brooks, M., Thompson, C., Euring, M., Townsend, C., White, N. (2016) Is there a problem officer? Exploring the lived experience of black men. *Journal of African American Studies*, pp. 346-362. <https://doi.org/10.1007/s12111-016-9334-4>.

Stevens, L. H., Townsend, C. (2013) Respecting Religion and Spirituality in Evidenced-Based Practices. *Counselor: The Magazine for Addiction Professionals*, 4(14), pp. 10-17.

Textbook Book Chapters:

Bowles, S., Townsend, C., & Speedlin Gonzalez, S. (2021). Middle adulthood development. *Counseling and Teaching Across Lifespan: A Humanistic Perspective*. Cognella Academic Publishing.

Professional Newsletters:

Townsend, C. (2019). The Humanization of the Oppressed from a Humanistic Practitioner's Perspective. Infochange: Association for Humanistic Counseling Newsletter

International Conference Presentations and Trainings

Borders, D., & Townsend, C. (2021). Trauma-Informed Supervision with Novice Counselors. *The International Interdisciplinary Conference on Clinical Supervision*

Townsend, C. (2019). International Mental Health Facilitator Master Training, Zoom training for the National Board for Certified Counselors

Townsend, C. (2018) International Mental Health Facilitator Master Training/ Zoom training for the National Board for Certified Counselors International Capacity Building Program

Townsend, C. (2017) Facilitated a Mental Health Facilitation Institute in Rwanda, West Africa. Supervised Forty women, who were raped during the genocide where trained to help other women victims

Townsend, C. (2016). Rwanda, West Africa. Facilitated a National Board for Certified Counselors-International (NBCC-I) Mental Health Facilitator Training-of-Trainers for nurses and counselors. Supervised those nurses and counselors in training sixty other community nurses

Hargett, B. and Townsend, C (2016). A Trauma Informed Approach with African American Adolescent Males. American Counseling Association Conference, Montreal, Canada

Brooks, M, Ward, Courtney, W., Euring, M., Townsend, C., White, Niah (2016). Officer is There a Problem?: The lived experience of African American Men Panel Dis. American Counseling Association Conference, Montreal, Canada

Townsend, C. (2013). The Impact of Domestic Violence and Trauma on Children's Brains. 9th Annual National Counselors Conference, Bringing Professional Counseling Closer to the People, Uganda East Africa

Townsend, C. (2013). The Mental Health Facilitation Model in Uganda. 9th Annual National Counselors Conference, Bringing Professional Counseling Closer to the People, Uganda East Africa

Townsend, C. (2012). Facilitated NBCC-I Mental Health Facilitator Training. Liberia, West Africa

Townsend, C. (2010). Facilitated NBCC-I Mental Health Facilitator Training. Liberia, West Africa

Townsend C. (2009). Adolescent Brain and Behavior Modification Interventions. Lott Carey Mission School, Liberia, West Africa

National, State, and Local Conference Presentations and Trainings

Townsend, C. (2023). A Conversation on Addiction & Recovery. Rural Health Workforce Wellness-TTUHSC Permian Basin, Rural & Community Engagement

Townsend, C (2023) Facilitating Restorative Justice Practices as Advocacy and Social Justice Interventions: Counselors Disrupting the School-to Prison Pipeline Across Children-Serving Systems. Mental Health Academy and NBCC Bridging the GAP Virtual Summit

McCool, H., Onuoha, M., Harder, T., and Townsend, C (2023) Determining Substance Abuse Needs. TTUHSC Grand Rounds

Golubovic, N. and Townsend, C (2022). Job Search Strategies and Publishing. Invited to speak with a group of NBCC doctoral fellow students, SACES Conference, Baltimore, Maryland

Townsend, C (2022). Contemporary Issues in Counselor Education: Critical Race Theory). Invited to speak with a group of NBCC doctoral fellow students, SACES Conference, Baltimore, Maryland

Townsend, C., Kroll, T., and Moore, K (2022) Clinical Implications of Code Switching on African American Children: A Counselor's and Speech Language Pathologist's Perspective on Behaviors. 2022 National Board for Certified Counselors Bridging the Gap Virtual Symposium

Townsend, C., Speedlin, S., Smith, T (2022) Counselors Leveraging Resources to Address Police Brutality and Community Healing. 2022 Bridging the Gap Symposium, Washington, DC. June 4-5, 2022
Scholl, M., Townsend, C., Paredes, D. (2022) Responding to Threatening and Violent Behaviors: The Role of the College Counselor. ACA Conference Expo 2022

Townsend, C (2022) Trauma Informed Schools. Subject matter expert for CATR-CHAT ECHO program in ISD school systems

Kroll, T., Townsend, C (2022) Cultural Humility in Healthcare and Education. School and Health Professions Faculty Spring Faculty Development

Gonzalez, S., Price, C., and Townsend, C. (2021). Claiming Our Slice of the Pie: Advocating for Policy Change. 2021 Bridging the Gap Symposium (Virtual National Conference)

Speedlin, S., & Townsend, C. (2021). Wellness in the Workplace: Post-Pandemic Management of Mental Health Issues. 2021 National Healthcare DEI Conference

Townsend, C., & Speedlin, S. (2021). Mental Health and the Pandemic: Re-Engagement and Recovery in the Workplace. The West Texas Regional Mental Health Conference

Speedlin, S., & Townsend, C. (2021). Wellness in the Workplace: Post-Pandemic Management of Mental Health Issues. 2021 National Healthcare DEI Conference

Howells, R., Townsend, C., Park, C., & Hasegawa, S. (2021). Embrace the Alarm: Reframing Trauma to Support Diverse Youth. The 18th Hawaii International Virtual Summit on Preventing, Assessing, & Treating Trauma Across the Lifespan

Scholl, M., & Townsend, C. (2021). Promoting Wellness through the Use of Restorative Justice Practices. 2021 American Counseling Association Virtual Conference

Townsend, C. (2020). Effective Culturally Responsive Treatment Components for Adjudicated African American Male Adolescents. The Virtual ARCH Symposium 2020: Applying What Works: Effective Addiction Care Strategies across the Healthcare Continuum, Wake Forest University

Speedlin, S., & Townsend, C. (2020). Healing the Healer: Utilizing Relational Ethics and Trauma Informed Care When Working With Supervisees. Texas Association for Counselor Education and Supervision Conference

Townsend, C. (2019). Courageous Advocacy: Aligning Your Calling with Student Needs. 2019 Association for Counselor Education and Supervision

Townsend, C. (2019). Aligning Services: Minimizing the disproportionate representation of underserved students with Mental Health and Learning Disabilities. Texas Society of Allied Health Professions, Lubbock, Tx

Townsend, C. & Sneed, Z. (2019). Introduction to Trauma Informed Care and Addiction Services. Texas Association of Addiction Professionals State Conference in San Antonio, Texas

Townsend, C. (2019). "Voices Out of the Wilderness: Counselors Perspectives and Experiences Regarding the Education of Black Boys with Mental Health Disabilities" Association of Multicultural Counseling and Development 2019 Multicultural and Social Justice Counseling Summit

Stevens, L., & Townsend, C. (2019). Counseling and Social Justice Responses to an Emerging Pattern of Genocide in the U.S. Association of Multicultural Counseling and Development 2019 Multicultural and Social Justice Counseling Summit

Townsend, C. (2019). Mental Health Facilitator Master Training, Zoom training for the National Board for Certified Counselors International

Townsend, C. (2019). In Terms of Domestic Terrorism: Counseling and Advocacy for African American Adult Males. National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities

- Townsend et al. (2019). Legacies and Lifetimes: A Counselor Focused Exploration of Civil Rights Era Atlanta” Served as an expert panelist at the National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities
- Townsend, C. (2019). Mastering the Mix: Plugging into your Professional Identity. National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities
- Townsend, C. (2018) Mental Health Facilitator Master Training, Zoom training for the National Board for Certified Counselors International
- Townsend, C. (2018). Multisystemic Approach to Cultural Disabilities and Awareness (MACDA) for African American Boys. Texas Tech University, Health Sciences Center’s 2018 Endowed Lectures Series
- Townsend, C. (2018). An Ecological Theory: School Counselor’s Effectiveness with African American Boys with Disabilities. National Board of Certified Counselors Foundation Webinar
- Dollarhide, C. & Townsend, C. (2018). Mentoring and Your Personal Trajectory. 2018 National Board for Certified Counselors Symposium
- Townsend, C. (2018). Counseling African American Boys in a 21st Century Educational System: Traumatic Implications of Labeling and Biased Attitudes. 2018 National Board for Certified Counselors Symposium, Washington, DC
- Townsend, C. (2018). A Grounded Theory Study of School Counselors Perceptions and Effectives Regarding African American Boys with Disabilities, Who are Disproportionately Represented in Special Education” Poster Session on Impact Objectives regarding Dissertation research at the National Board for Certified Counselors Foundation Symposium, Washington, DC
- Collins, L. & Townsend, C. (2018). Awakened Realities: Counseling and Advocacy for Minorities in a Sociocultural Crisis. ACA 2018 Conference & Expo
- Townsend, C. (2015). Two Sides of the Story: Filtering Clinical and Diagnostic Bias with Transitional African American Male. NBCC Foundation Symposium, Raleigh, NC
- Townsend, C. (2015). Treatment Services for African American Males. Round table discussion at the NBCC Foundation Symposium, Raleigh, NC
- Stevens, L. & Townsend, C. (2010). Cross-Cultural Implementation of the Global Appraisal of Individual Needs (GAIN). Joint Meeting on Adolescent Treatment Effectiveness Conference; Baltimore, Maryland
- Townsend, C. (2008). Using the GAIN in Clinical Assessments. Joint Meeting on Adolescent Treatment Effectiveness Conference on Washington, D.C.
- Townsend, C. (2007). GAIN Clinical Interpretation. GAIN National Certification Training, Bloomington, Illinois

Grants and Projects

TTUHSC-School of Medicine

Grant: ARPA position support

Role: Director

Collaborators: Department of Psychiatry

Funded Period: on-going

Funded Amount: \$1,000.000

TTUHSC-Office of Diversity, Equity, and Inclusion

Grant: The lived experience of Black, Indigenous, and People of Color of feeling cared for by health care providers

Role: Principle Investigator

Collaborators: Tobias Kroll, Rosalinda Jimenez, Alec Cattell, Tobias Kroll, Toby Brooks, Bailey Wheeler, Cathy Lovett, Rylee Law, West Romero (Co-investigators)

Funded Period: 10/2022-9/2023

Funded Amount: \$14,800

TTUHSC-School of Health Professions

Grant: A Qualitative Study of Title I Principals' Perceptions and Attitudes Regarding the Roles, Functions, and Practices of School Counselors

Role: Principle Investigator

Collaborators: Drs. Colette Dollarhide and Lavera Brown

Funding Period: 07/2018 – 03/2022

Funded amount: \$10,000

TTUHSC – School of Health Professions

Grant: A Quantitative Study of Title I Principals' Perceptions and Attitudes Regarding the Roles, Functions and Practices of School Counselors.

Role: Co-Investigator

Collaborator: Dr. Zach Sneed (Co-Investigator)

Funding Period: 07/2019 – 03/2022

Funded amount: \$10,000

TTU-Office of Diversity, Equity, and Inclusion

Grant: Robert Wood Johnson Foundation, Interdisciplinary Research Leaders

Role: Writer on the grant

Collaborator: Office of Diversity, Equity, and Inclusion

Funding Request: \$350, 000

Not Funded

Service

National Appointments and Activities

- Appointed to NBCC Board of Election Committee 2023
- Appointed as NBCC Liaison 6/2022-6/2023

- Served on NBCC Strategic Planning Committee (2021)
- Appointed to the American Counseling Association Black Male Experience Committee (7/15/2021-6/30/22)
- Appointed to National Board for Certified Counselor Board of Trustee (7/1/2021-Present)
- NBCCF mentor for doctoral fellows (2018-Present)

University

- Appointed to the Nurse on Demand Board of Directors (9/2022-Present)
- Invited to the Black Culture Center Advisory Board on TTU campus (2020-Present)
- Black History Month Co-Chair (2022-present)
- Diversity, Equity, & Inclusion Committee member at large (2022)
- Faculty Co-Chair of Diversity, Equity, & Inclusion Committee (2021).
- On-line Global Learning Workgroup
- Appointed Chair of Substance Abuse and Mental Health Services Administration Workgroup (April 2019-Present)
- Serve on the Telemedicine/Telehealth Clinical Taskforce (Spring 2019)
- Serve on the Texas Tech University Health Sciences Center Global Mental Health Committee (Spring 2019-present)
- Serve on the Texas Tech University Health Sciences Center Global Health Committee (Fall 2018-Present)
- School/College
- Appointed Clinical Assistant Professor in the School of Medicine (2020)
- Faculty Development Presentation for School of Health Sciences: Our Truths: Crucible Moments during Racial Tensions (2020)
- Serve Spring Interprofessional Education Symposium Committee (Fall 2018-Present)
- *Serve Fall* Interprofessional Education Symposium Committee (Fall 2018-Present)

Department

- Serve as Director of the Your Life Behavioral Health and Wellness Clinic (Spring 2019-Present)
- Serve on the Clinical Counseling and Mental Health Advisory Committee (2018-Present)
- Serve on the Masters of Addiction Counseling Admissions Committee, Advisory Committee, and Clinical Training Committee (2018-Present)
- Serve on the Clinical Counseling and Mental Health, Professional Dispositions Committee (2018-Present)

Community

- Provided education on Mental Health concerns in Lubbock community on Magic 106.5 radio station (2023)
- Mental Health in the Black Church presentation to Church of God in Christ Jurisdiction (2023)
- Mental Health presentation by Your Life Behavioral Health and Wellness Clinic staff at the MLK program (2023)
- Volunteered for the 2019 American Counseling Association, AMCD Service Day. Provided mental health training to youth workers, in addition to a program providing substance abuse support to women in the New Orleans community.
- Advisory Council Member. National Board for Certified Counselors Foundation for the Masters Minority Fellowship Program (August 2014 – August 2016)
- Board Officer/Member. North Carolina Foundation for Alcohol and Drug Studies (2007-2014)

- Board Member. The Joseph Alliance Inc., a missions organization focused on mobilizing African Americans and other ethnic groups to support domestic and overseas missions (2011-2015)
- Board member. Macedonia Resource Center (*March 2012 – September 2012*)
- Committee Member. National Board for Certified Counselor (NBCC) Ethics Review Committee (*2008-2010*)
- Board Member. Guilford County Juvenile Crime Prevention Council (2009-2010)

Professional Memberships

- American Counseling Association
- AMCD

Honors and Awards

- Outstanding Faculty of the Year for the Master of Science in Addiction Counseling
- Selected for the One Team Fellow Leadership Program (2022)
- Selected to the TTUHSC Emerging Leaders Program (2021)
- Alpha Eta Society (2020)
- Featured in the Winter 2020 edition of Pulse: The Magazine of Texas Tech University Health Sciences Center
- Awarded the Visionary Leadership Coin by the Human Resources Office (2019)
- Clinical Rehabilitation Counseling SGA Outstanding Faculty, Texas Tech University Health Sciences Center (2018)
- Featured in the National Board for Certified Counselors Newsletter highlighting accomplishments (2019)
- Named on the Substance Abuse and Mental Health Services Administration as the June Fellow of the Month for the National Board for Certified Counselors, highlighting goals and accomplishments. (2019)
- Co-winner with Rosalinda Jimenez of the Translational and Clinical Research Development Course Research Proposal (2019)
- Recipient of a \$20,000 National Board for Certified Counselors Foundation Minority Fellowship Program Award. The fellowship is offered to deserving doctoral students who are committed to working with underserved minority communities (2017)