

## PRESS RELEASE

NBCC Foundation  
3 Terrace Way  
Greensboro, NC 27403-3660  
[foundation@nbcc.org](mailto:foundation@nbcc.org)  
[nbccf.org](http://nbccf.org)



FOR IMMEDIATE RELEASE

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### **NBCC Foundation Awards Scholarship to Patricia Putnam Phillippi**



Folsom, LA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded a 2020–2021 [Board Certified Coach](#) (BCC) training award to Patricia Putnam Phillippi, of Folsom, Louisiana. The goal of this scholarship, provided through funding from the Center for Credentialing & Education (CCE), is to increase the number of available Board Certified Coaches. Phillippi will receive up to \$3,000 towards the cost of an approved BCC training.

Patricia Phillippi is a program director for a nonprofit organization that provides equine-assisted mental health and wellness services in southeast Louisiana. She received her Bachelor of Arts in psychology from Loyola University in New Orleans and her Master of Science in psychology from Divine Mercy University's Institute for the Psychological Sciences in Sterling, Virginia. Her diverse experience in primate behavior research, educational programming, and human services has brought her to the doorway of a new

venture, reaching out to youth and young adults in rural communities using novel approaches to dealing with social, emotional, and environmental stressors.

Ms. Phillippi is an advocate of equine-assisted growth and learning interventions because their effectiveness is well-documented in the literature and the connective experience between horse and human offers timely relief in a post-COVID world. The perceptive capacity of horses not only inspires present-minded awareness and agency amid a partnership of trust, but the fresh-air environment in which this engagement takes place naturally accommodates social distancing and health care recommendations. As a BCC, her goal is to develop youth and young adult mentorship programs that use equine-assisted strategies and outdoor encounters to facilitate adaptive coping and positive well-being. Additionally, she is interested in studying the psychospiritual benefits of the “power of presence” in working with horses, and she has plans to develop this research interest in her capacity as a BCC.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The NBCC Foundation in collaboration with CCE provides training awards and scholarships to assist counseling and other professionals in attaining CCE credentials and to support and increase their ongoing professional development and continuing education opportunities. For more information about NBCC Foundation scholarship opportunities as well as CCE-sponsored scholarships, visit [nbccf.org](http://nbccf.org). More information about the BCC and other CCE credentials is available at [cce-global.org](http://cce-global.org).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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