## **PRESS RELEASE**

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## **NBCC Foundation Awards Scholarship to Dr. Lotes Nelson**



St. Augustine, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded a 2020–2021 <u>Board Certified-TeleMental Health Provider</u> (BC-TMH) training award to Dr. Lotes Nelson, of St. Augustine, Florida. The goal of this scholarship, provided through funding from the Center for Credentialing & Education (CCE), is to increase the reach and professional development of counselors throughout the nation. Dr. Nelson will receive \$500 to support her attainment of the BC-TMH Provider credential.

Dr. Lotes Nelson is a clinical faculty member at Southern New Hampshire University. She received her PhD in counselor education and supervision and MS in mental health counseling from Walden University. She is a Licensed Clinical Mental Health Counselor in North Carolina, a NC Board Approved Supervisor, a CCE Approved Clinical Supervisor, a National Certified Counselor, and a National Board for Certified Counselors Minority Fellowship

Program Doctoral Fellow. In additional to Dr. Nelson's counselor education role, she also provides distance clinical supervision and counseling. Her areas of expertise include counselor education and supervision, multiculturalism, trauma-informed care, eating disorders, and various areas of adolescent mental health.

She is passionate about serving underserved populations and trauma-focused counseling. She works very closely with individuals who have migrated to the U.S. and are adjusting to life in the mainstream. She maintains her advocacy involvement in her immediate community and nationally, to continue to raise mental health awareness by profoundly engaging in professional conference presentations and providing mental health wellness workshops. Her goal in receiving the BC-TMH training award is to further grow her knowledge to remain an ethically and culturally responsive professional counselor. She is committed to continuing to strengthen her professional identity and maintains her professional affiliations with many professional organizations. Dr. Nelson's goal is to maintain and continue to grow her ability to be a well-rounded counselor and counselor educator. She is appreciative of this award to allow her to effect positive change in her work. She is committed to providing mental health care to address the barriers and disparities that are affecting the lives of her clients in order to reach their optimal selves.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The NBCC Foundation in collaboration with CCE provides training awards and scholarships to assist counseling and other professionals in attaining CCE credentials and to support and increase their ongoing professional development and continuing education opportunities.

For more information about NBCC Foundation scholarship opportunities as well as CCE-sponsored scholarships, visit <a href="https://nbccf.org">nbccf.org</a>. More information about the BC-TMH and other CCE credentials is available at cce-global.org.

## ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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