

PRESS RELEASE

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FOR IMMEDIATE RELEASE
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NBCC Foundation Awards Scholarship to Dr. Karen D. Cathey



Clinton, MS—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded a 2020–2021 [Board Certified-TeleMental Health Provider](#) (BC-TMH) training award to Dr. Karen D. Cathey, of Clinton, Mississippi. The goal of this scholarship, provided through funding from the Center for Credentialing & Education (CCE), is to increase the reach and professional development of counselors throughout the nation. Dr. Cathey will receive \$500 to support her attainment of the BC-TMH Provider credential.

Dr. Karen Cathey has more than 15 years of experience in the counseling profession as a practitioner, instructor, and clinical supervisor. She earned her master's in community counseling from the University of North Carolina at Charlotte; a master's of divinity degree, focusing on pastoral counseling, from Emory University's Candler School of Theology; and a PhD in counselor education from the University of Mississippi. Her focus on multicultural issues in counseling was formed, in part, through her varied clinical experiences and her dissertation for which she was awarded a SACES (Southern Association for Counselor Education and Supervision) research grant and won her doctoral program's Outstanding Dissertation award. Other formative experiences include work with adolescents, college students, and older adults in varying work settings and while providing both pastoral counseling and clinical counseling.

Additionally, Dr. Cathey was responsible for putting together the student handbook, clinical training handbook, and site supervisor training handbook for her counseling program. She has been a clinical training coordinator, exit exam coordinator, NBCC liaison for her campus' counseling programs, and a guidance counseling program coordinator in counseling during her tenure in higher education. Currently, as an assistant professor in counseling, she continues to focus her work on the development of aspirational levels of multicultural counseling competency in graduate students, professional counselors, and clinical supervisors. Dr. Cathey is a licensed professional counselor and board qualified supervisor (LPC-S) and an Approved Clinical Supervisor in Mississippi. Her goal is to use the BC-TMH credential to assist in making multiculturally competent counseling more accessible to more of Mississippi and address barriers to seeking and getting access to counseling and counseling supervision for licensure. Also, the BC-TMH credential will enable her to better supervise counselor trainees and early-career counseling professionals who are providing telemental health counseling services.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The NBCC Foundation in collaboration with CCE provides training awards and scholarships to assist counseling and other professionals in attaining CCE credentials and to support and increase their ongoing professional development and continuing education opportunities. For more information about NBCC Foundation scholarship opportunities as well as CCE-sponsored scholarships, visit nbccf.org. More information about the BC-TMH and other CCE credentials is available at cce-global.org.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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