PRESS RELEASE NBCC Foundation 3 Terrace Way Greensboro, NC 27403-3660 foundation@nbcc.org nbccf.org



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NBCC Foundation Awards Scholarship to Gwendolyn Roit

Greenfield, MA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded a 2020–2021 <u>Board</u> <u>Certified-TeleMental Health Provider</u> (BC-TMH) training award to Gwendolyn Roit, of Greenfield, Massachusetts. The goal of this scholarship, provided through funding from the Center for Credentialing & Education (CCE), is to increase the reach and professional development of counselors throughout the nation. Roit will receive \$500 to support her attainment of the BC-TMH Provider credential.

Gwendolyn Roit has spent much of her life focusing on sustainable agriculture. She grew up homesteading and learning to forage wild plants in a respectful way, eventually going on to operate her own certified organic farm. Her nonprofit, Harvest Moon Farm, was established to provide access to fresh, organic produce for those who would otherwise not be able to afford it, as well as being a vehicle for community education around organic growing

techniques, nutrition, and holistic well-being. Ms. Roit earned her BA in journalism and anthropology from the University of Massachusetts, Amherst. It was during a trip to the Democratic Republic of Congo, working alongside an independent journalist, that she realized her desire to listen and bear witness was greater than that to document. This inspired her to eventually earn a master's degree from Antioch University in clinical mental health counseling.

She is a National Certified Counselor with a theoretical foundation built on strength-based and person-centered therapy. Her clinical work includes experience with mindfulness practices and dialectical behavioral therapy, in groups and individually, and her specialties include substance use disorders and working with those involved in coercive or abusive groups or relationships. Using evidence-based practices, Ms. Roit strives above all to create safety within the therapeutic process, using the goals of her clients to inform how each session will proceed. She is an outpatient clinician at the Center for Human Development, serving individuals in her community mostly via telehealth. Her goal in becoming a BC-TMH is to expand her skills in providing the best care possible for her clients during this time of isolation when meeting in person is not possible. She plans to continue serving those most in need of support by providing a safe, nurturing space and the tools to build resiliency.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The NBCC Foundation in collaboration with CCE provides training awards and scholarships to assist counseling and other professionals in attaining CCE credentials and to support and increase their ongoing professional development and continuing education opportunities.

For more information about NBCC Foundation scholarship opportunities as well as CCE-sponsored scholarships, visit <u>nbccf.org</u>. More information about the BC-TMH and other CCE credentials is available at <u>cce-global.org</u>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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