## PRESS RELEASE

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## Tony T. Yang Awarded \$10,000 Counseling Fellowship From the NBCC Foundation



Rochester, MN—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Tony T. Yang of Rochester, Minnesota, for the NBCC Minority Fellowship Program-Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Yang will receive funding and training to support his education and facilitate his service to underserved populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-MHC-M, including training and collaboration activities, such as webinars, that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve

behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$10,000 to Yang and the other 29 master's-level counseling students selected to receive the fellowship award. Yang is a graduate of Augustana University and is currently enrolled at Winona State University, where he is pursuing a master's degree in the school counseling program. Upon graduation, Yang intends to work with first- and second-generation immigrant students, particularly those who struggle with acculturation between the home and school environments. He would like to collaborate with education professionals and community leaders in identifying better ways to promote equity in the education system, especially toward minority populations and those living in rural areas, where mental health services are typically lacking. Earning this fellowship will allow Yang to attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations, and advocate for the counseling profession.

The NBCC Foundation has also awarded 20 \$20,000 doctoral fellowships through the MFP and 40 master's-level fellowships of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP-MHC-M application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

\*Biographical information provided by the awardee.

## About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.