

## PRESS RELEASE

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### Tiran Sahar Awarded \$15,000 Counseling Fellowship From the NBCC Foundation



Portland, OR—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Tiran Sahar, of Portland, Oregon, for the NBCC Minority Fellowship Program for Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Sahar will receive funding and training to support their education and facilitate their addictions counseling service to underserved populations.

The NBCC MFP-AC is made possible by a grant awarded to the NBCC Foundation in collaboration with the Association for Addiction Professionals (NAADAC) by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-AC, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC Foundation will distribute \$15,000 to Sahar and the other 39 master's-level addictions counseling students selected to receive the fellowship award. Sahar is a graduate of Rhode Island School of Design and is currently a master's student in the clinical mental health counseling program with an addiction focus at Lewis and Clark Graduate School of Counseling and Education. Sahar intends to work with street-dependent adolescents, particularly those who identify as LGBTQIA+ or are struggling with substance use and abuse. They believe that being a part of this broader community of counselors committed to serving minorities will strengthen their service to these populations. Earning this fellowship and attending conferences will allow Sahar to create a stronger professional framework for supporting these marginalized populations.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the MFP and 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M). The NBCC Foundation plans to open the next NBCC MFP-AC application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit [nbccf.org/Programs/Fellows](http://nbccf.org/Programs/Fellows).

\*Biographical information provided by the awardee.

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and more than 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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