

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Stephanie Dorais Awarded \$20,000 Counseling Fellowship From the NBCC Foundation



San Jose, CA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Stephanie Dorais, of San Jose, California, for the NBCC Minority Fellowship Program for Doctoral Counselors (NBCC MFP). As an NBCC MFP Doctoral Fellow, Dorais will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Dorais and the other 19 doctoral counseling students selected to receive the fellowship award. Dorais is a graduate of New York University and Regent University, and she is currently a doctoral student in the counselor education and supervision program at The College of William & Mary. Dorais is interested in developing trauma interventions, testing their efficacy through longitudinal outcome research, and ultimately working with underserved populations in college settings. Specifically, she is interested in researching community-engaged, culturally responsive interventions for the Asian American college population. Dorais is a licensed professional counselor and has been working in private practice for five years. She also has experience in conducting assessments and clinical research. Currently, she is involved in various research projects related to trauma, addictions recovery, and spirituality. She also serves an instructor and supervisor to master's-level counseling students. The fellowship will help Dorais receive more training and address the mental health disparities within the counseling profession.

The NBCC Foundation has also awarded 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M) and 40 [master's-level fellowships](#) of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

*Biographical information provided by the awardee.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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