PRESS RELEASE

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Sidney Alexandria Minor Awarded \$10,000 Counseling Fellowship From the NBCC Foundation



Atlanta, GA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Sidney Alexandria Minor of Atlanta, Georgia, for the NBCC Minority Fellowship Program-Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Minor will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-MHC-M, including training and collaboration activities, such as webinars, that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve

behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$10,000 to Minor and the other 29 master's-level counseling students selected to receive the fellowship award. Minor is a graduate of the University of Central Florida and is currently enrolled at Mercer University, where she is pursuing a master's degree in the clinical mental health counseling program. Minor has made a personal commitment to serving minority children and intends to dedicate her efforts to serving minority children and adolescents during her graduate studies, throughout the duration of the fellowship, and in her postgraduate career. Minor intends to work specifically with minority adolescents who experience difficulties with emotional and behavioral issues in underserved communities. By receiving this fellowship, she will be immersed in opportunities, including attending counseling conferences, being mentored by counseling professionals, and networking with a large number of esteemed peers. This opportunity will develop Minor both personally and professionally and will allow her to accomplish her goals while walking in her passion as a counseling professional. Minor will have a newfound source of motivation to add to her drive to serving underserved populations as well as be well equipped to represent the counseling profession.

The NBCC Foundation has also awarded 20 \$20,000 doctoral fellowships through the MFP and 40 master's-level fellowships of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP-MHC-M application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

^{*}Biographical information provided by the awardee.