

PRESS RELEASE

NBCC Foundation
3 Terrace Way
Greensboro, NC 27403-3660
336-232-0376
nbccf.org



FOR IMMEDIATE RELEASE
August 4, 2020

Ofelia Cavazos Chapa Awarded \$15,000 Counseling Fellowship From the NBCC Foundation



Mesquite, TX—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Ofelia Cavazos Chapa, of Mesquite, Texas, for the NBCC Minority Fellowship Program for Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Chapa will receive funding and training to support her education and facilitate her addictions counseling service to underserved populations.

The NBCC MFP-AC is made possible by a grant awarded to the NBCC Foundation in collaboration with the Association for Addiction Professionals (NAADAC) by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-AC, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC Foundation will distribute \$15,000 to Chapa and the other 39 master's-level addictions counseling students selected to receive the fellowship award. Chapa is a graduate of the University of North Texas at Dallas and is currently a master's student in the clinical mental health counseling program at Southern Methodist University. Upon graduation, Chapa intends to work with families and adolescent minorities, particularly those who have experienced a family member with a substance addiction. She would also like to work with people who are often marginalized, such as those from ethnic minority populations and people living in areas where mental health services are typically lacking. Earning this fellowship will allow her to enhance her education by attending counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations, and advocate for the counseling profession.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the MFP and 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M). The NBCC Foundation plans to open the next NBCC MFP-AC application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

*Biographical information provided by the awardee.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and more than 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###