

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Marquita R. Garrett Awarded \$20,000 Counseling Fellowship From the NBCC Foundation



Richmond, VA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Marquita R. Garrett, of Richmond, Virginia, for the NBCC Minority Fellowship Program for Doctoral Counselors (NBCC MFP). As an NBCC MFP Doctoral Fellow, Garrett will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Garrett and the other 19 doctoral counseling students selected to receive the fellowship award. Garrett is a graduate of Albertus Magnus College and Wright State University, and she is currently a doctoral student in the counselor education and supervision program at Walden University. Garrett's research area is adolescents from military families and gatekeeping in the counseling profession. She currently has a private practice in Richmond, Virginia, where she has an intern clinic. The clinic sees clients from Central Virginia on a sliding fee scale and offers groups for women, adolescents, and children. Garrett also plans to create a group home for teen mothers and their children. The goal of the group home is to break poverty cycles and increase awareness of education, economics, and parenting skills for young families. This fellowship will allow her to increase her network, learn new skills of advocacy and social change, and finish her doctoral degree. Garrett is an advocate for mental health in African American and rural communities, and the guidance of this fellowship will increase her reach into the community.

The NBCC Foundation has also awarded 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M) and 40 [master's-level fellowships](#) of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

*Biographical information provided by the awardee.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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