

PRESS RELEASE

NBCC Foundation
3 Terrace Way
Greensboro, NC 27403
336-232-0376
nbccf.org



FOR IMMEDIATE RELEASE

August 4, 2020

Kierrah Flipping Awarded \$20,000 Counseling Fellowship From the NBCC Foundation



Waldorf, MD—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Kierrah Flipping, of Waldorf, Maryland, for the NBCC Minority Fellowship Program for Doctoral Counselors (NBCC MFP). As an NBCC MFP Doctoral Fellow, Flipping will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Flipping and the other 19 doctoral counseling students selected to receive the fellowship award. Flipping is a graduate of the University of Maryland Eastern Shore and Bowie State University, and she is currently a doctoral student in the counselor education and supervision program at Capella University. Flipping is interested in researching complementary therapies (CT), sometimes known as mind, body, spirit practices or complementary and alternative medicine. Specifically, in relation to CT, her research interest is around the level of preparation minority counselors have with integrating CT into their counseling practices with minority clients. She is the founding owner of CORE Empowerment, LLC, an outpatient mental health clinic serving primarily minority females.

Flipping's practice engages clients in wraparound services to include talk therapy, reiki, yoga, meditation, and sound healing. With this unique approach to mental health treatment, she also trains other clinicians on how to integrate holistic practices into their work with clients. This fellowship will allow Flipping to expand her reach to offer services for free and low cost to minority clients who are not able to afford to integrate holistic modalities with therapy. This fellowship will also help her develop training programs for minority counselors to learn additional treatment techniques to further help their minority clients address their mental health disparities.

The NBCC Foundation has also awarded 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M) and 40 [master's-level fellowships](#) of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

*Biographical information provided by the awardee.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###