## **PRESS RELEASE**

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## Jesenia Sosa Rivera Awarded \$15,000 Counseling Fellowship From the NBCC Foundation



San Juan, PR—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Jesenia Sosa Rivera, of San Juan, Puerto Rico, for the NBCC Minority Fellowship Program for Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Sosa will receive funding and training to support her education and facilitate her addictions counseling service to underserved populations.

The NBCC MFP-AC is made possible by a grant awarded to the NBCC Foundation in collaboration with the Association for Addiction Professionals (NAADAC) by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-AC, including training and collaboration activities, such as webinars, that are open to all board certified counselors. The goal of the

program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC Foundation will distribute \$15,000 to Sosa and the other 39 master's-level addictions counseling students selected to receive the fellowship award. Sosa is a graduate of the Universidad de Puerto Rico and is currently a master's student in the substance abuse counseling program at the Universidad Central del Caribe. Upon graduation, Sosa would like to work with victims of domestic violence and marginalized populations such as the LGBTQ+ community. She would also like to work to addresses the discrimination and stigma that these populations face. This fellowship will help her learn new skills and strengthen current ones with the goal of helping those she serves. She hopes to ultimately be enriched by this great opportunity in both personal and professional growth and maturity.

The NBCC Foundation has also awarded 20 \$20,000 doctoral fellowships through the MFP and 30 \$10,000 master's-level fellowships through the MFP-Mental Health Counseling-Master's (MFP-MHC-M). The NBCC Foundation plans to open the next NBCC MFP-AC application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

\*Biographical information provided by the awardee.

## ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and more than 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.