PRESS RELEASE

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FOR IMMEDIATE RELEASE August 4, 2020

Hannah K. Bangs Awarded \$10,000 Counseling Fellowship From the NBCC Foundation



Chicago, IL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Hannah K. Bangs of Chicago, Illinois, for the NBCC Minority Fellowship Program-Mental Health Counseling-Master's (MFP-MHC-M). As an NBCC MFP-MHC-M Fellow, Bangs will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP-MHC-M is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-MHC-M, including training and collaboration activities, such as webinars, that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve

behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$10,000 to Bangs and the other 29 master's-level counseling students selected to receive the fellowship award. Bangs is a graduate of St. Olaf College and is currently enrolled at Northeastern Illinois University, where she is pursuing a master's degree in the clinical mental health counseling program. Upon graduation, Bangs intends to work with the LGBTQ+ youth population, specifically to help those struggling with disordered eating develop healthy relationships with food and their bodies. She is excited to be able to provide young people with access to affirming mental health care rooted in the values of Health at Every Size. Earning this fellowship will enable Bangs to connect with other students and professionals through attending counseling conferences, learning evidence-based practices to better serve underserved youth populations, and advocating for the counseling profession.

The NBCC Foundation has also awarded 20 \$20,000 doctoral fellowships through the MFP and 40 master's-level fellowships of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP-MHC-M application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

^{*}Biographical information provided by the awardee.