

PRESS RELEASE

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FOR IMMEDIATE RELEASE

August 4, 2020

Fiona Abrams Awarded \$15,000 Counseling Fellowship From the NBCC Foundation



Boone, NC—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Fiona Abrams, of Boone, North Carolina, for the NBCC Minority Fellowship Program for Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Abrams will receive funding and training to support her education and facilitate her addictions counseling service to underserved populations.

The NBCC MFP-AC is made possible by a grant awarded to the NBCC Foundation in collaboration with the Association for Addiction Professionals (NAADAC) by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP-AC, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC Foundation will distribute \$15,000 to Abrams and the other 39 master's-level addictions counseling students selected to receive the fellowship award. Abrams is a graduate of Vassar College and is currently a master's student in the clinical mental health counseling program with a concentration in addictions studies at Appalachian State University. Upon graduation, Abrams intends to work in addictions counseling with individuals of often marginalized identities and those who have limited access to mental health services. She plans to primarily work with women from rural communities who have experienced trauma, while utilizing a holistic wellness approach. Earning this fellowship will allow Abrams to expand her professional identity and better serve underserved populations by attending counseling conferences and related trainings.

The NBCC Foundation has also awarded 20 \$20,000 [doctoral fellowships](#) through the MFP and 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M). The NBCC Foundation plans to open the next NBCC MFP-AC application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit nbccf.org/Programs/Fellows.

*Biographical information provided by the awardee.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and more than 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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