

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Ashlei Rabess Awarded \$20,000 Counseling Fellowship From the NBCC Foundation



Tallahassee, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Ashlei Rabess, of Tallahassee, Florida, for the NBCC Minority Fellowship Program for Doctoral Counselors (NBCC MFP). As an NBCC MFP Doctoral Fellow, Rabess will receive funding and training to support her education and facilitate her service to underserved populations.

The NBCC MFP is made possible by a grant awarded to the NBCC Foundation by the Substance Abuse and Mental Health Services Administration (SAMHSA). The NBCC Foundation administers the MFP, including training and collaboration activities, such as [webinars](#), that are open to all board certified counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC Foundation will distribute \$20,000 to Rabess and the other 19 doctoral counseling students selected to receive the fellowship award. Rabess is a graduate of the University of Florida and the University of Central Florida, and she is currently a doctoral student in the counselor education and supervision program at Georgia State University. Rabess is interested in researching the present-day mental health and wellness effects of generational and historical trauma in the African American community. She is currently a graduate teaching assistant for a crisis and trauma course, teaching master's-level counseling students how to understand and treat trauma in clinical settings. This fellowship will help her become more involved in her research area through direct service, community involvement, advocacy for the African American community, education and training, as well as outreach initiatives. Additionally, this fellowship will also help Rabess design and conduct a dissertation study to better understand the treatment and healing process of generational and historical trauma in the African American community.

The NBCC Foundation has also awarded 30 \$10,000 [master's-level fellowships](#) through the MFP-Mental Health Counseling-Master's (MFP-MHC-M) and 40 [master's-level fellowships](#) of \$15,000 through the MFP for Addictions Counselors (MFP-AC). The NBCC Foundation plans to open the next NBCC MFP application period in fall 2020. To learn more about the NBCC MFP and its fellows, please visit [nbccf.org/Programs/Fellows](http://nbccf.org/Programs/Fellows).

\*Biographical information provided by the awardee.

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 66,000 board certified counselors in the United States and over 50 countries. The NBCC Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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