



## **PRESS RELEASE**

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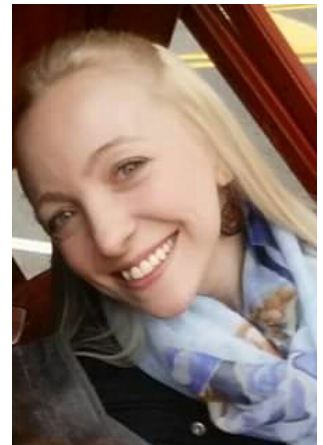
[www.nbccf.org](http://www.nbccf.org)

**FOR IMMEDIATE RELEASE**

May 10, 2016

### **Kaileen Kristin McMickle Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates**

Rice Lake, WI—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Kaileen Kristin McMickle, of Rice Lake, Wisconsin, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC fellow, McMickle will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).



The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to McMickle and the 29 other master's-level addictions counseling students selected to receive the fellowship award. McMickle is a graduate of the University of Wisconsin—Eau Claire and is currently a master's student in the clinical mental health counseling program at the University of Wisconsin—Stout, in Menomonie. Upon graduation, McMickle intends to work with and advocate for underserved adolescents from diverse backgrounds to effectively reduce the gripping impacts and behavioral consequences of trauma, stigma, and other emotionally damaging experiences. Additionally, McMickle aspires to incorporate mindfulness practices into academic settings in rural areas as interventions for youth minorities who cannot readily access mental health resources, as well as preventatively for youth of all ages. Earning this fellowship will allow McMickle to put greater focus on developing proficiency in empirically-based practices for treatment of adolescents, to have greater access to sufficient resources for continuing education after graduation, and expand and carry out necessary interventions for children and transition-age youth in Northwestern Wisconsin communities.

The Foundation plans to open the next NBCC MFP-AC application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### **ABOUT THE NBCC FOUNDATION**

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are

more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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