

## PRESS RELEASE

NBCC Foundation  
3 Terrace Way  
Greensboro, NC 27403-3660  
Phone: 336-232-0376  
[www.nbccf.org](http://www.nbccf.org)



FOR IMMEDIATE RELEASE

April 25, 2017

### Jasmine Lynne Bensinger Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates



Apopka, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Jasmine Lynne Bensinger of Apopka, Florida, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y fellow, Bensinger will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).

The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by

increasing the number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Bensinger and the 29 other master's-level counseling students selected to receive the fellowship award. Bensinger is a graduate of the University of Florida, in Gainesville, and is currently pursuing a master's in the mental health counseling track in the counselor education program at the University of Central Florida, in Orlando. Upon graduation, Bensinger intends to serve adolescents and young adults of color, including clients from immigrant/refugee backgrounds. Her passion for cultural competence, representation and inclusion propels her towards both a clinical and advocacy role within the mental health profession and across other disciplines to empower communities lacking in privilege and opportunity. This fellowship will support Bensinger's final year of her master's program, allowing her to study full-time and put all her energy into her desired internship site.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 31 master's-level fellowships of up to \$11,000 through the [MFP-Addictions Counselors](#) (MFP-AC). The Foundation plans to open the next NBCC MFP-Y application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org/Programs/Scholarships](http://www.nbccf.org/Programs/Scholarships).

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###