



## **PRESS RELEASE**

*NBCC Foundation*

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**FOR IMMEDIATE RELEASE**

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### **Edit Vidalon Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates**

Lima, Perú—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Edit Vidalon, of Lima, Perú, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC fellow, Vidalon will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).



The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Vidalon and the 29 other master's-level addictions counseling students selected to receive the fellowship award. Vidalon is a graduate of the University of Massachusetts Lowell, and is currently a master's student in the clinical mental health counseling program at Palo Alto University, in California. Upon graduation, Vidalon intends to work with transition-age youth minorities, particularly those who identify as Latino. She would also like to work with women who are often marginalized because of social stigmas and language barriers. She is especially interested in working in poor communities where access to counseling may not be easily accessible. Earning this fellowship will allow Vidalon to attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to assist underserved populations, and advocate for the counseling profession while strengthening the skills she will need in her mental health career.

The Foundation plans to open the next NBCC MFP-AC application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### **ABOUT THE NBCC FOUNDATION**

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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