



## PRESS RELEASE

*NBCC Foundation*  
3 Terrace Way  
Greensboro, NC 27403-3660  
Phone: 336-232-0376  
[www.nbccf.org](http://www.nbccf.org)

FOR IMMEDIATE RELEASE  
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### Britain Ingram Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates

Fayetteville, GA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Britain Ingram, of Fayetteville, Georgia, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC fellow, Ingram will receive funding and training to support his education and facilitate his addictions counseling service to underserved minority transition-age youth (ages 16–25).



The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Ingram and the 29 other master's-level addictions counseling students selected to receive the fellowship award. Ingram is a graduate of the University of Kentucky, in Lexington, and is currently a master's student in the clinical mental health counseling program at Argosy University Atlanta, in Georgia. Upon graduation, Ingram will continue to provide mentoring, life coaching, career guidance, and educational advocacy for disadvantaged or underrepresented adolescents and young adults struggling with addiction. Additionally, he will conduct educational workshops to educate parents and the community on topics about issues with adolescents such as substance abuse. This fellowship will allow Ingram to pursue his dream of becoming a licensed professional counselor certified in addiction counseling by enabling him to take additional addictions counseling coursework. This will afford him the opportunity to serve adolescents who need guidance towards making their life fulfilling and breaking their addictions.

The Foundation plans to open the next NBCC MFP-AC application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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