

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Sarah M. Allen Receives Military Scholarship From the NBCC Foundation



Jacksonville, TX—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded an \$8,000 2018 NBCC Foundation military scholarship to Sarah M. Allen, of Jacksonville, Texas. The military scholarship is awarded to service members, veterans, and their spouses who are pursuing a counseling education and commit to serving fellow military personnel, veterans, and families upon graduation.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The military scholarship was created in 2009 to increase access to counselors for military personnel, veterans, and families suffering from a shortage of available mental health professionals. More than 40 students from across the country applied for the six 2018 military scholarships.

As a military scholarship recipient, Allen will receive \$8,000 to support her counseling education and recognize her commitment to the underserved. Allen is both a student and graduate of The University of Texas at Tyler, where she is currently pursuing a master's in the clinical mental health counseling program. Upon graduation, Allen intends to devote her career to improving the quality of life for trauma survivors and their families. She specifically has an interest in helping veterans and their families adjust during preparation for deployments, reintegration when they reunite, and maintaining their life-saving connections during the changes that can occur in the family dynamic, especially with a PTSD diagnosis. Whether it be veterans or first responders, Allen feels like it's not only her duty but also her privilege to help those who have already sacrificed so much. She has an interest in using equine-assisted therapy with her clients, especially those resistant to typical talk therapy. Earning this scholarship will now allow her access to become certified in both EAGALA and trauma-focused Natural Lifemanship, two unique methods of equine-assisted therapy. With endless support from her family and friends, and the generous assistance from the NBCC Foundation, Allen is excited and ready to take on the challenges before her.

The NBCC Foundation has also awarded six \$8,000 [rural scholarships](#) to increase the number of counselors serving rural areas. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in fall 2018. For more information or to make a gift to support scholars like these, please visit www.nbccf.org.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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