## PRESS RELEASE

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## Victor E. Tuazon Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates



Annandale, VA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Victor E. Tuazon, of Annandale, Virginia, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP fellow, Tuazon will receive funding and training to support his education and facilitate his service to underserved minority populations.

The NBCC MFP is made possible by a grant first awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities, such as <u>webinars</u>, that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally

competent services to underserved populations.

The NBCC MFP will distribute \$20,000 to Tuazon and the 22 other doctoral counseling students selected to receive the fellowship award. Tuazon is a graduate of James Madison University, in Harrisonburg, Virginia, and of Regent University, in Virginia Beach, Virginia, and is currently a doctoral student in the counselor education and supervision program at the College of William & Mary, in Williamsburg, Virginia. Tuazon is currently interested in researching how acculturation levels, identity development, family dynamics and colonial mentality levels of Filipino-Americans and other cultural groups previously colonized by the United States affect their mental health service outcomes and mental health help-seeking attitudes. His other research interests include international counseling, trauma, addictions and grief/loss. Tuazon's past clinical experiences with therapeutic day treatment, intensive in-home counseling, school counseling, nonprofit counseling and international trauma counseling have enabled him to serve racially and ethnically diverse populations. His work with diverse populations has continued as he currently serves as a student director of the New Leaf Clinic, an addictions clinic, and as a doctoral intern at the New Horizons Family Counseling Center. During his undergraduate career, he was also part of a cultural and racial diversity research lab. This fellowship will help Tuazon become more involved in research around underserved minority populations. Additionally, the fellowship will help prepare Tuazon to train culturally competent counselors who will address the mental health disparities and needs of racially and ethnically diverse populations.

The NBCC Foundation has also awarded 30 \$8,000 master's-level fellowships through the MFP-Youth (MFP-Y) and 31 master's-level fellowships of up to \$11,000 through the MFP-Addictions Counselors (MFP-AC). The Foundation plans to open the next NBCC MFP application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit <a href="https://www.nbccf.org/Programs/Fellows">www.nbccf.org/Programs/Fellows</a>.

## ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing

counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.