



## PRESS RELEASE

*NBCC Foundation*

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FOR IMMEDIATE RELEASE

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### Trenewsia Wilson Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates

Federal Way, WA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Trenewsia Wilson of Federal Way, Washington, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y fellow, Wilson will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).



The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Wilson and the 30 other master's-level counseling students selected to receive the fellowship award. Wilson is a graduate of Seattle Central College, in Washington, and is currently pursuing a master's degree in the clinical mental health counseling program at Seattle University, in Washington. Upon graduation, Wilson intends to work with minority transition-age youth, particularly those who identify within the racial and gender minority spectrum. She would also like to work with people affected by poverty and sexual abuse. As a gender and racial minority and domestic violence and sexual abuse survivor affected by poverty, Wilson strongly believes that she can help others build resilience in the face of obstacles, through empowerment, social justice and advocacy. As a person that has recently been a member of the minority transition-age youth group, she understands how integral these years are for identity development and future success. Earning this fellowship will allow Wilson to attend counseling conferences and receive additional training and education. The networking and mentor benefits of the fellowship will allow extra resources as she trains to be a competent and skilled counselor. Also, as a first-generation college student and single mother, the fellowship will significantly reduce the financial burden of tuition.

The Foundation plans to open the next NBCC MFP-Y application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are

more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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