PRESS RELEASE

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Selah Joy Mcmath Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Colorado Springs, CO—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Selah Joy Mcmath, of Colorado Springs, Colorado, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC fellow, McMath will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as webinars, that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral

health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to McMath and the 30 other master's-level addictions counseling students selected to receive the fellowship award. McMath is a graduate of Colorado Mesa University, in Grand Junction, and is currently a master's student in the school counseling program at the University of Colorado Colorado Springs. Upon graduation, McMath intends to work with students in a school setting and clients in the clinical field who are struggling with addiction and mental illness. McMath feels a strong passion and commitment to people who have been marginalized by society and strives to provide effective counseling services that will assist in allowing their voices to be heard. This fellowship will allow McMath to become well-versed in addiction prevention and learn skills to better serve underserved populations.

The NBCC Foundation has also awarded 23 \$20,000 <u>doctoral fellowships</u> through the Minority Fellowship Program and 30 \$8,000 master's-level fellowships through the <u>MFP-Youth</u> (MFP-Y). The Foundation plans to open the next NBCC Minority Fellowship Program application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit <u>www.nbccf.org/programs/scholarships</u>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.