

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Rocky Lykins Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Lancaster, KY—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Rocky Lykins, of Lancaster, Kentucky, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC fellow, Lykins will receive funding and training to support his education and facilitate his addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by

increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Lykins and the 30 other master's-level addictions counseling students selected to receive the fellowship award. Lykins is a graduate of Eastern Kentucky University, in Richmond, and is currently a master's student in the clinical mental health counseling and addictions counseling programs at the University of the Cumberlands, in Williamsburg, Kentucky. Upon graduation, Lykins intends to work with transition-age youth minorities, particularly those who struggle with alcohol/drug addictions. He would also like to work with people who are often marginalized, such as ethnic minorities and people living in rural areas, where substance abuse services are typically lacking. This fellowship will allow Lykins to attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations and advocate for the counseling profession.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 30 \$8,000 master's-level fellowships through the [MFP-Youth](#) (MFP-Y). The Foundation plans to open the next NBCC Minority Fellowship Program application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org/programs/scholarships](http://www.nbccf.org/programs/scholarships).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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