



PRESS RELEASE

NBCC Foundation

3 Terrace Way

Greensboro, NC 27403-3660

Phone: 336-232-0376

www.nbccf.org

FOR IMMEDIATE RELEASE

May 10, 2016

Mayra Granados Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates

Denver, CO—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Mayra Granados of Denver, Colorado, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y fellow, Granados will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).



The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Granados and the 30 other master's-level counseling students selected to receive the fellowship award. Granados is a graduate of Colorado State University, in Fort Collins, and is currently pursuing a master's degree in the clinical mental health counseling program at Regis University, in Denver, Colorado. Upon graduation, Granados plans to serve underprivileged communities, including transition-age youth. Through her time in her graduate program, she has looked for ways to bring her passion for social justice and her career in mental health counseling together. She is committed to continuing her work with immigration, racial issues and inequality with a mental health perspective. Her dream is to one day establish her own counseling center where she will continue to serve underprivileged communities. Earning this fellowship will allow Granados to complete her graduate program and start working towards additional professional certificates. As a fellow, she looks forward to the opportunities of attending conferences to gain more skills and knowledge on how to implement inclusive approaches in her counseling work. Granados also hopes to gain skills in evidence-based practices and to eventually contribute her own work to the research field in order to better advocate for those who remain marginalized and overlooked in the field of mental health.

The Foundation plans to open the next NBCC MFP-Y application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing

counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###