



## **PRESS RELEASE**

*NBCC Foundation*

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**FOR IMMEDIATE RELEASE**

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### **Isabel C. Farrell Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates**

Knoxville, TN—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Isabel C. Farrell, of Knoxville, Tennessee, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP Fellow, Farrell will receive funding and training to support her education and facilitate her service to underserved minority populations.



The NBCC MFP is made possible by a grant first awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC MFP will distribute \$20,000 to Farrell and the 22 other doctoral counseling students selected to receive the fellowship award. Farrell is a graduate of Northeastern State University, in Broken Arrow, Oklahoma, and is currently a doctoral student in the counselor education program at The University of Tennessee, Knoxville. Farrell is currently a graduate research assistant and has a special focus on grief and loss experiences. Farrell is also a co-instructor of a course called Critical Issues in Counseling Lifespan Development that addresses themes and issues affecting clients' development with relevance to counselor interventions, including family and personality development, crises and trauma, and addiction and addictive behaviors. Her goal for the future is to be a counselor educator that provides appropriate multicultural training to her students. Farrell wishes to bring cultural awareness to each class by incorporating exposure to diverse populations and to continue serving the Hispanic community throughout her doctoral journey and beyond. Farrell plans to conduct research on the psychological effects of immigration in young Latino adults and develop a more effective method for connecting them to the community resources they need to be successful. She is also interested in bringing awareness about the effects of immigration and the struggles many immigrants face. Farrell wants to provide a better understanding of the grief and loss many immigrants experience while transitioning to a new culture. She wants to shine a light on the population's struggles and pain, and help to combat the racism, discrimination and neglect Latino immigrants face. By receiving this fellowship, Farrell will be able to continue to focus all her energy on growing as a counselor educator and on becoming an advocate for all Hispanics.

The Foundation plans to open the next NBCC MFP application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org/Programs/Fellows](http://www.nbccf.org/Programs/Fellows).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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