

PRESS RELEASE

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Huynh T. Son Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates

Toledo, OH—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Huynh T. Son, of Toledo, Ohio, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP Fellow, Son will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP is made possible by a grant first awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities, such as webinars, that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that



engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC MFP will distribute \$20,000 to Son and the 22 other doctoral counseling students selected to receive the fellowship award. Son is a graduate of The Ohio State University, in Columbus, and of The University of Akron, in Ohio, and is currently a doctoral student in the counselor education and supervision program at The University of Toledo, in Ohio. Son is currently interested in researching the effects of mental health issues such as depression, anxiety, and post-traumatic stress disorder for Southeast Asian refugees. She would like to discover how trauma has affected their relationships with family members, their parenting styles, and their struggles and barriers in resettling into the United States. Son is currently a graduate assistant at the University Toledo and an advanced practicum student at the University of Toledo's Counseling Center, where she counsels diverse students. This fellowship will help Son to become more involved in her research area through direct services, community involvement, advocacy for underserved minority populations, and education and training. These opportunities will then help her to integrate multiculturalism into counseling, supervision, research and education.

The Foundation plans to open the next NBCC MFP application period in September 2016. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org/Programs/Fellows.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.