

PRESS RELEASE

NBCC Foundation
3 Terrace Way
Greensboro, NC 27403-3660
Phone: 336-232-0376
www.nbccf.org



FOR IMMEDIATE RELEASE
April 25, 2017

Ashlei Anastasie Rabess Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates



Orlando, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Ashlei Anastasie Rabess of Orlando, Florida, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y fellow, Rabess will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).

The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by

increasing the number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Rabess and the 29 other master's-level counseling students selected to receive the fellowship award. Rabess is a graduate of the University of Florida, in Gainesville, and is currently pursuing a master's in the mental health counseling program at the University of Central Florida, in Orlando. Upon graduation, Rabess intends to work with transition-age youth, particularly those in Title I public schools. She would also like to serve people who are often marginalized, such as racial and ethnic minorities and people living in areas where accessible mental health services are typically lacking. This fellowship will allow Rabess to attend counseling conferences to expand her knowledge and experience, establish a stronger professional identity as a counselor, and learn evidence-based practices to better serve populations of interest and advocate for the counseling profession.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 31 master's-level fellowships of up to \$11,000 through the [MFP-Addictions Counselors](#) (MFP-AC). The Foundation plans to open the next NBCC MFP-Y application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org/Programs/Scholarships.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###