## PRESS RELEASE

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## Ana Guadalupe Reyes Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates



New York, NY—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Ana Guadalupe Reyes, of New York, New York, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP fellow, Reyes will receive funding and training to support her education and facilitate her service to underserved minority populations.

The NBCC MFP is made possible by a grant first awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities, such as <u>webinars</u>, that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective,

culturally competent services to underserved populations.

The NBCC MFP will distribute \$20,000 to Reyes and the 22 other doctoral counseling students selected to receive the fellowship award. Reyes is a graduate of Tiffin University, in Ohio, and of Marymount University, in Arlington, Virginia, and is currently a doctoral student in the counseling program at the University of North Texas, in Denton. Reyes is currently interested in conducting research designed to increase counselors' knowledge of marginalized populations such as Latinos/Latinas and LGBTQ+ youth. She is especially interested in researching LGBTQ+ issues, multicultural issues, transpersonal/spiritual issues and the effectiveness of holistic approaches in counseling (e.g., equine-assisted psychotherapy, reiki, nature-informed counseling). Through her doctoral program, she is specializing in equine-assisted psychotherapy (EAP) and LGBTQ+ issues. As part of her clinical coursework, Reyes serves underrepresented clients and offers bilingual counseling through the Counseling and Human Development Clinic at the University of North Texas. This fellowship will help Reyes receive further training in EAP at the Gestalt Equine Institute of the Rockies (GEIR) and complete her dissertation in EAP with underrepresented populations.

The NBCC Foundation has also awarded 30 \$8,000 master's-level fellowships through the <u>MFP-Youth</u> (MFP-Y) and 31 master's-level fellowships of up to \$11,000 through the <u>MFP-Addictions Counselors</u> (MFP-AC). The Foundation plans to open the next NBCC MFP application period in September 2017. To learn more about the NBCC MFP and its fellows, please visit <u>www.nbccf.org/Programs/Fellows</u>.

## ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 60,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.